

RURAL RESILIENCY: CARING FOR YOU AND YOURS

4 Week Webinar Series March 2, 9, 16, 23 from 7:30 p.m. - 8:45 p.m. (Tuesday nights)

This webinar series is a discussion starter and healthy mindset promoter for dealing with rural behavioral and brain health, communication skills, and relationship enrichment for self, marriage and families. Farm families and those who work with them as consultants or neighbors are encouraged to attend. Rev. Dr. Larry Tranel, Pastoral Psychologist and Iowa State University Extension and Outreach Dairy Specialist is the featured speaker for:

- March 2—Farm Stress Resiliency and Grief
- March 9—Personality Keys When “Married” to Farm Stress
- March 16—Dealing with the Stresses of Men, Women, and Children
- March 23—Brain and Behavioral Health Hacks” to Mitigate Distress

Questions can be directed to: tranel@iastate.edu.

Registration is available at: <http://www.aep.iastate.edu/stress>.

“This material is based upon work supported by USDA/NIFA under Award Number 2018-70027-28586.”

PRO-LIFE AUTHOR TO HOLD BOOK SIGNING

When a friend found herself facing a crisis pregnancy, it launched Steve Karlen on a journey from the couch to the center of a statewide firestorm as the hospital affiliated with his alma mater secretly plotted to open a late-term abortion center next to campus. *This is When We Begin to Fight* tells the inside story of how God used an ordinary guy to help lead a spiritual battle against one of the most powerful entities in his state—all while struggling with infertility and miscarriage at home. This book will take you on an adventure and dare you to consider what God will do when YOU answer his call to stand up for the least of our brothers and sisters.

Meet Steve Karlen for a book signing at St. Aloysius Catholic Church, 115 Madison Street, Sauk City in the school gym after the 10:30 Mass on Sunday, Feb. 28th. Books are \$10 each.



EASTER SPRING BREAK PROJECT

The Sauk County Children's Giving Tree would like to provide Fun Bags filled with activities for children during Easter Spring Break. We are looking for donations of the following items:

Coloring Books or Activity Books

Playdough or Silly Putty

Sidewalk Chalk Bubbles

Easter Egg coloring kits

Please drop off donations in the Narthex by **Sunday, March 14th**.

Monetary donations are also welcome! Please mail checks to the Giving Tree, PO Box 70, Baraboo, WI 53913.

Thank you!



ST. JOSEPH'S CCW

HOMEMADE PIES NEEDED

FOR DRIVE THROUGH PI DAY/PIE SALE

Saturday, March 13th 9 AM-2 PM

(or until sold out)

St. Joseph's Parish School/Church Parking Lot



**APPLE
PEACH**

**BLUEBERRY
PECAN**

**CHERRY
RHUBARB**

PICK UP YOUR PIE TINS IN THE NARTHEX THIS WEEKEND!

DISPOSABLE PIE CONTAINERS will be furnished so that **ALL PIES** will be uniform size. Containers will be in the Narthex the weekends of February 27-28 and March 6-7.

- *Pies should be labeled and pre-wrapped with CLEAR Plastic Wrap or large baggies.*
- *Pies can be dropped off Saturday, March 13, 7:30 am to 9:00 am*
- *Please keep in mind that customers **will not be coming into the building** to look at the pies. For that reason, please only make the pies listed above.*
- *No custard pies, cream pies or refrigerated pies can be accepted.*
- *Pies will sell for \$10 each*

Monetary donations also accepted to St. Joseph's Council of Catholic Women (CCW). Thank you!